

SARATOGA SPRINGS YOUTH BALLET

SPRING CONCERT 2024



- Leading up to the performance, dancers need to be present for all classes and rehearsals. Good attendance is a must!
- Each class has their own unique dance and all levels perform.
- Practice your child's performance bun/hair now during weekly classes.
- Please ask us ahead of time if you are uncertain about specific leotards, shoes, skirts, tights, etc. Feel free to bring any items into the studio for us to check.
- Label everything!

DRESS REHEARSAL INFORMATION

Often parents question the importance of a Dress Rehearsal for their child. In fact, the key to a successful production is having dancers perform and rehearse in their performance setting. Dress rehearsal offers your child the chance to feel ready for the show.

- The stage is much larger than the classroom.
- Students often rely on the classroom mirrors to help them with spacing and formations. Having the chance to dance without the security of the mirror before the performance is very important for their confidence.
- Students get to practice their stage entrances and exits.
- The stage lights can be disorienting to young dancers. This gives them time to practice.
- Modifications can be made at dress rehearsal.
- Dress rehearsal is mandatory. Any student who misses the dress rehearsal will not be permitted to perform in the Spring Concert

One of the main objectives of our curriculum is to teach the spirit of teamwork and commitment to classmates. When dancers miss the rehearsal, the result affects all the other dancers, not just your child.

In addition, the lighting designer sets and adjusts the lights. The crew practices set changes and cues. We make sure all the costumes are ready to go and if they need last minute alterations.

We run an organized and timely dress rehearsal, however, sometimes, we need to run dances or entire scenes again for the crew or lighting designer. This is our only chance to make technical adjustments.

Your help and patience with the process will guarantee a professional production.

DROP OFF/PICK UP (THEATER)

Parents or guardians should enter the High School through the main entrance and proceed to the sign-in/sign out sheet which is located at the hallway leading backstage. This is also the pick up location following dress rehearsal, intermission, and performance end. If you need to get something to a dancer backstage, a volunteer will help you. No parents other than those signed up to volunteer are permitted backstage.

- All dancers should arrive 20-30 minutes before their time slot with hair and make-up complete. Dancers in the pre-professional division need to arrive with enough time to properly warm up.
- Arrive in costume/uniform* and a cover up. (*See Costume Guidelines). Make sure that you have the appropriate leotards, tights, and shoes. Headpieces will be provided and remain at the theater.
- Parents may stay quietly in the audience.
- ABSOLUTELY NO PICTURES OR VIDEO of the dress rehearsal or performance. This is dangerous for the dancers and demonstrates poor theater etiquette. If we see anyone taking video or pictures of the rehearsal or performance, we may confiscate your device until the event has ended. Be respectful and just don't do it!
- At the dress rehearsal, dancers will be dismissed once their final piece has finished. If dancers have more than one piece, plan accordingly as dancers are to remain at the theater between dances.

BACKSTAGE EXPECTATIONS



CODE OF CONDUCT

You are a representative of Saratoga Springs Youth Ballet. We expect professional behavior, politeness, and courteousness throughout. We expect respect for all faculty, staff, chaperones, volunteers, theater personnel, and Directors. We expect respect for fellow classmates and the dancers from other levels. Dancers will refrain from using any critical comments, in any language, about any individuals at any time.

Bullying will not be tolerated. Dancers behaving inappropriately may be asked to leave and parents will be contacted. Proper disciplinary action will be taken if necessary.

DRESSING ROOM/BACKSTAGE GUIDLINES

- No running through the theatre or halls. Dancers are expected to remain in their assigned dressing rooms until they are escorted backstage.
- Dancers are expected to listen and follow the directions of the dressers and chaperones.
- Dancers will remain quiet in the dressing rooms. NO talking backstage.
- Dancers will be ready for all entrances and exits.
- Dancers are NOT permitted to leave backstage in their costumes or hairpieces.
- Costumes must be hung up and treated with respect. If any repairs are needed between performances, notify your teacher or chaperone. Return costumes to labeled hanger and headpieces and props to proper places.
- Absolutely No cell phones or electronic devices backstage for ALL DANCERS. Dancers need to remain focused and ready when backstage. Younger children may bring quiet and non-messy activities such as a book or coloring (NO MARKERS).
- We ask dancers to keep their belongings organized and contained. It is always important for dancers to pick up after themselves.
- No eating or snacking while in costume. Dancers should have a healthy nutritious meal before and after performing. If you need to bring snacks, make sure they are not messy or sticky. No popcorn and ABSOLUTELY NO NUTS! (We have students with severe allergies).
- No drinks other than water permitted.
- No gum.
- Vandalism or theft of any kind will not be tolerated.
- No swearing or foul language. No smoking, vaping, use of alcohol, or illegal substances.
- Chaperones/Volunteers will not take photos or videos of dancers during the performances.

PACKING LIST

1. Pack bobby pins, hairpins, hairnets, hairspray, or gel. Please come with hair ready.
2. Hair is to be worn in a high ballet bun (Unless otherwise stated). No hair donuts. Short hair should be gelled back and secured off the face. (A tutorial is attached with this information).
3. Make-up. Dancers may wear a small amount of makeup including earth-toned eyeshadow, blush, and pink lipstick.
4. Rhinestone or similar stud earrings may be worn. Leave all jewelry, watches, and valuables at home. SSYB and Ballston Spa High School cannot be held responsible for lost or stolen items.
5. No nail polishes and nails should be cut short.
6. Label all items including dance bag, water bottles, shoes, tights, etc.
7. Pack extra tights!
8. All dancers should bring booties or socks (Ones with grips on the soles work best) to wear over their dance shoes while not on stage. This keeps their dance shoes free of dirt, debris, or floor wax. They are not to be worn on the stage.
9. Dancers should never arrive or leave the theater only in their dancewear. Please wear an appropriate cover up to rehearsals. Plan a nice outfit to be worn after the performances.

IMPORTANT INFORMATION



TICKET SALES

Tickets go on sale May 1st.

<https://www.ticketleap.events/tickets/ssyballet/spring-concert-2024>

Remaining tickets will be available for purchase at the door. At the door tickets are check or cash only.

COMMUNICATION

When we are at the theater, we may not be able to check emails or receive calls. Please ask a volunteer when possible, if you require extra assistance.

VOLUNTEERS

A Sign-up Genius will be emailed to all parents of dancers in the performance. As a non-profit, we rely heavily upon volunteers. We appreciate your help and encourage you to please sign up! Only those chaperones or volunteers signed up ahead of time, are permitted backstage. We understand that unplanned events may occur, but please do not cancel a sign up last minute. This may leave a necessary position unfilled. (A summary of the roles and duties is included).

DISMISSAL & INTERMISSION

- Dancers who are only in Act I may be signed out to a parent/guardian at Intermission to watch Act II in the auditorium.
- Performing dancers do not need to purchase a ticket.
- Dancers are expected to wear their change of clothes/cover up. Dancers will not be permitted into the theater wearing costumes or hairpieces.
- This is not a dismissal. These students are expected to watch the remainder of the performance and support the other SSYB dancers. Personal belongings will remain backstage to be picked up after the performance.
- As theater attendees, dancers will refrain from yelling, hooting, and hollering. Dancers will applaud at appropriate times and will not leave their seats before the final curtain.
- Dancers in Act II must remain in the dressing room/backstage area during both acts and picked up at the sign in/out table immediately after the end of the show.
- The entire performance is approximately 2 hours including a 15 minute intermission.

AUDIENCE ETTIQUETTE

Please share with family, friends, and/or guests as a courteous reminder.

- Enthusiastic applause is encouraged; however, it is never appropriate to wave to a child on stage, scream out a child's name, or yell in any way.
- Because we present a professional performance, we ask that everyone remain seated during the entire performance. If you do leave the auditorium during the show you will be allowed back into the auditorium only between dances at the discretion of the theater staff/volunteers.
- Children must remain seated for the entire performance. If you think they will have a hard time remaining seated during the performance, please do not bring them inside the theater. Allowing children to run around or otherwise disrupt the performance is not fair to other audience members enjoying the show or to the dancers who are performing.
- For the safety of our dancers, Flash Photography is strictly prohibited during dress rehearsal and the performance. Flashes can blind a dancer onstage, and cause them to become dizzy and/or fall.
- Video recording during the show is also strictly prohibited. Professional DVDs or a Digital download will be for sale by Junda Video Enterprises following the performance.

We encourage you to sit back and enjoy the show!

SCHEDULE



LOCATION

Ballston Spa High School
220 Ballston Ave, Ballston Spa, NY 12020

DRESS REHEARSAL

Friday, June 14th Ballston Spa High School

(Refer to Dress rehearsal information and Drop off/Pick up)

This rehearsal must move quickly. Please do not cause delays due to tardiness or being unready. Dress rehearsal is important for your dancer AND the other dancers in their class.

TECH SCHEDULE

REHEARSAL TIME		CLASS	TITLE	TEACHER
4:30-4:50PM	1	VI	<i>Green, like her eyes</i>	Joan
4:50-5:00PM	2	Creative Movement Thurs	<i>La Danse</i>	Cristiane
5:00-5:10PM	3	Pre-Ballet Monday	<i>Las Carmenlitas</i>	Cristiane
5:10-5:20PM	4	Ballet 1 Saturday	<i>The Swans</i>	Joan
5:20-5:30PM	5	Ballet 2B	<i>Czardas</i>	Cristiane
5:30-5:40PM	6	Ballet 3	<i>The Preppy Princesses</i>	Leanne
5:40-5:55PM	7	Modern 2	<i>Sukakude</i>	Katie
5:55-6:05PM	8	Creative Movement Wed	<i>Dancing in the Rain</i>	Cristiane
6:05-6:15PM	9	Pre-Ballet Wednesday	<i>Sonata Facile</i>	Katie
6:15-6:25PM	10	Ballet 1 Friday	<i>Rodeo</i>	Joan
6:25-6:40PM	11	Jazz 2	<i>Feel it Still</i>	Katie
6:40-6:50PM		Break	INTERMISSION	
6:50-7:00PM	12	Ballet 6	<i>Tied with a Bow</i>	Tara
7:00-7:10PM	13	Jazz 1	<i>Flowers</i>	Katie
7:10-7:25PM	14	5 & 6	<i>Outliers</i>	Andre
7:25-7:35PM	15	Pre-Ballet Friday	<i>Allegretto</i>	Cristiane
7:35-7:45PM	16	Ballet 1 Wednesday	<i>Barcarolle</i>	Cristiane
7:45-8:00PM	17	Ballet 4	<i>Dance with Mandolins</i>	Joan
8:00-8:10PM	18	Ballet 2A	<i>Garland Waltz</i>	Joan
8:10-8:25PM	19	Modern 1	<i>Warriors</i>	Joan
8:25-9:00PM	20	Ballet 5 & 6	<i>Don Quixote</i>	C&J

SPRING CONCERT

Saturday, June 15th Ballston Spa High School

10:45AM CALL- Ballet 2-6

11:15-1:00PM WARM UP & NOTES (On Stage)- Ballet 2-6

1:00PM CALL – Creative Movement, Pre-Ballet, & Ballet 1

1:15 BOWS- Full Company on stage to rehearse bows

2:00PM Performance

LOAD OUT- Immediately following the performance

SPRING CONCERT COSTUME GUIDELINES

Parents/Guardians are responsible for supplying the items listed below for their dancer's costume. SSYB models the Spring Concert after professional ballet schools where the class uniform serves as the costume. Included are some recommended brands and styles.

Saratoga Dance Etc. carries all necessary items. We encourage purchasing dancewear there instead of online or at a chain store. Not all dancewear, especially shoes, are created equal. It is highly recommended that students are properly fit for their dance shoes at a dancewear store.

TIGHTS- Tights must match ballet slippers.

Ballet pink or Flesh tone footed tights worn inside the shoes. No shiny tights. No Seams. CAPEZIO Ultra Soft footed tights 1915X - 1915C, CAPEZIO Ultra Soft transition tights 1916X - 1916C, SARATOGA DANCE convertible tights SD202C, SO DANCA convertible tights TS81, GAYNOR MINDEN microfiber convertible tights CT-102

SLIPPERS

Leather Ballet shoes with elastic strap must be the same tone as tights.

Pink: BLOCH S0248G, S0208L, CAPEZIO 2027

Flesh tone: BLOCH S0284G

Black: BLOCH S0284G & S0205G

LEOTARD & SKIRT

Creative Movement & Pre-Ballet

- Solid Color Light pink Camisole, tank or cap sleeve leotard. No sequins, sparkles, chiffon sleeves, cut outs, or extra strappy styles. MIRELLA M201C, Bloch CL5407, CL5605, & CL5402
- Light Pink chiffon skirt with elastic waistband. No ballet dresses. No ribbon ties. BLOCH CR5110, CAPEZIO TC0011C

Ballet 1 & 2

- Solid Color Light blue Camisole, tank or cap sleeve leotard. No sequins, sparkles, chiffon sleeves, cut outs, or extra strappy styles. MIRELLA M201C, Bloch CL5407, CL5605, & CL5402
- Light blue chiffon skirt with elastic waistband. No ballet dresses. No ribbon ties. BLOCH CR5110, CAPEZIO TC0011C

Ballet 3 & 4

- Solid color Royal blue camisole or tank leotard. No cutouts or strappy styles. BLOCH CL5407 MIRELLA M201LD
- Blue BULLET POINTE skirt

Ballet 5 & 6

- Black camisole leotard. No cutouts or strappy styles

Ballet Gentlemen

- Black opaque footed tights or leggings. CAPEZIO SE1082B & SE1066B
- White leotard or tee shirt. CAPEZIO SE1061B & SE1062B, BODY WRAPPERS B400
- Black Ballet shoes with elastic strap worn with black socks (Socks are not necessary if tights are worn under slippers). BLOCH S0284G & S0205G

Jazz 1

- Solid black camisole or tank leotard. No cut outs or extra strappy styles.
- Tan/Flesh tone footed tights. CAPEZIO 1915X -1915C SARATOGA DANCE SD202C
- Black dance shorts. CAPEZIO TB113C
- Tan jazz shoes. no laces. BLOCH S0495G, S0470G, S0497G, S04965L, S04965L, S0470L CAPEZIO EJ2C, EJ2

Modern 1

- Solid color Royal blue tank or camisole leotard. No cut outs or extra strappy styles. BLOCH CL5407 MIRELLA M201LD
- Black convertible or footless tights CAPEZIO 1917, 1916



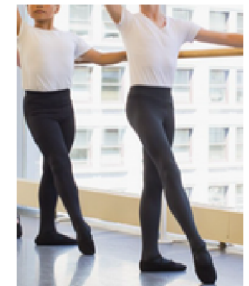
CREATIVE MOVEMENT & PRE-BALLET



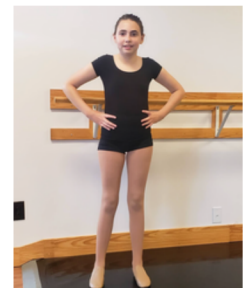
BALLET 1 & 2



BALLET 3 & 4



GENTLEMEN



JAZZ 1



MODERN 1



BALLET BUNS

/ IT'S ALL ABOUT THE TOOLS



1. Case for your hair tools. Bloch makes a kit ready to go with 1-6 included. **2.** Hair nets to match dancer's hair color. **3.** Hair pins - regular size (~2"). **4.** Hair Pins - Jumbo size hair pins (~3"). **5.** Bobby pins - regular size (~2"). **6.** Thick Hair Elastics. **7.** Mini rubber hair elastics. **8.** Wet Brush (not many bristles). **9.** Shine Brush (long bristles and clusters of many shorter bristles). **10.** Tail hair comb. **11.** Hairspray. **12.** Hair gel (cheap brands like Dep / LA Looks hold best!) **13.** Water spray bottle.

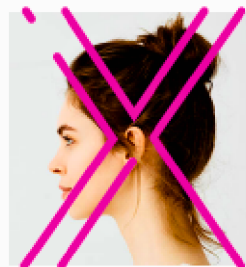
BUN DO'S AND DON'TS



**DO: CLASSIC
HIGH BUN**



**DO: CLASSIC
LOW BUN**



**DON'T: NO MESSY
BUNS PLEASE**



**DON'T: NO DONUT
HAIR BUNS**

Check out Bloch's video tutorial "How to make the perfect bun."
www.youtube.be/3yG7Hcozrf8



BUN MAKING 101

/ SIMPLE TIPS & TECHNIQUES

PRACTICE, PRACTICE. PRACTICE! When styling your dancers hair, the most important thing is to practice. Even with all the right tools, you need to learn what works for your dancers specific hair type, length, etc. Practicing will also get your dancer (especially little ones) accustomed to sitting patiently while their hair is being done. If you or your dancer get frustrated, take a break and come back to it. With time, you'll make buns like a pro!

TOOLS:

- Using a thin bristle **WET BRUSH** (#8 of tools above) to work through thick or knotted hair is key to getting hair smooth and in the starting ponytail position.
- Use a **SHINE BRUSH** to smooth hair once in a ponytail position.
- Use only **THICK** elastic hair ties as they will be stronger and hold hair in place.
- Mini elastics are great for securing individual braid sections for braided buns.
- Use **BOBBY PINS** to anchor bun and **HAIR PINS** to secure outside and hair net.
- Flyaway pieces of hair can be contained with the HAIR NET, so don't worry too much.

TECHNIQUES:

- It is best to start with wet or damp hair. If starting with dry hair, use the water squirt bottle to dampen without hair being dripping wet.
- If hair gets difficult to brush or get into a ponytail, try wetting a little more.
- Use **WET BRUSH** to bring hair into ponytail position. Following the jawline up for a high bun or at the base of the hairline for a low bun.
- Once hair is gathered in position, smooth hair with a **SHINE BRUSH** or thick bristle brush.
- Secure with **THICK** hair elastic. Don't use thin ones or your ponytail will come loose.
- Use hair gel to smooth all hair including ponytail. Comb strays if necessary.
- For thick or long hair, once hair is in ponytail, divide hair into two or three sections.
- Braid (recommended) or coil each section around the ponytail base, pinning as you go.
- If you braid, use the **MINI** elastics to tie off braid ends. This will keep it from unraveling.
- Wrap each section around the previous, keeping the bun flat and in place with your hand as you go.
- Use **BOBBY PINS** to anchor the braids or coils as these are stronger and tighter than hairpins. (For thick hair use extra-long bobby pins.)
- Once all sections are wrapped around in bun formation and mostly secure, wrap bun with **HAIR NET**, twisting and folding on itself to ensure it is smooth.
- Secure hairnet with **HAIR PINS**. (For wide bun or thick hair, use jumbo hairpins.)
- Finish hair with even coating of **HAIRSPRAY** (or pump spray), spraying 6"-12" from head.

REMINDER: Check out Bloch's video tutorial "How to make the perfect bun."
www.youtube.be/3yG7Hcozrf8

VOLUNTEER INFORMATION

ALL VOLUNTEERS

A sign up Genius will be emailed to all parents/guardians ahead of the performance. We greatly appreciate your time and willingness to help.

All of the positions listed below are vital to the performance(s) running smoothly. If you absolutely need to cancel a sign up last minute, please try to find a replacement and/or notify us right away.

All volunteers will receive one complimentary ticket to the performance.

By nature of the role, some volunteers will be on duty during the performance backstage or the role will require them to sit in the back of the house as they will be the last to sit and/or first to head out at intermission or post show. The lanyard will serve as your ticket.

THANK YOU FOR VOLUNTEERING!

Arrival- Sign in at the check in/out table when you arrive. Please arrive at the time listed for your position. You are welcome to bring your dancer with you if you arrive early before their call time. Make sure to sign them in as well.

Name Tags/Lanyards- All volunteers for dress rehearsal and the performance(s) will be provided a name tag/lanyard. Parents/Guardians without one will not be permitted backstage.

BACKSTAGE ROLES/DUTIES

- **Load In:** Meet at the theater to carry in all items including Marley floor, costumes, props, scenery, etc. Lay and tape down the dance floor (We will teach you if you do not know how). Assemble scenery/set pieces. Set up costumes in the dressing rooms. Set up tables backstage and in the lobby. Assemble pop up banners in the lobby. Help where needed.
- **Load Out:** Immediately following the performance come onto stage to pull up tape and roll up the Marley floor. Pack up scenery, props, etc. Pack pop up banners in the lobby. Retrieve costumes from dressing rooms (These will be packed by the dressers). Load everything into the U-Haul or transporting vehicle. Double check that all items are removed from the theater and that all trash is collected in baskets, if needed. From time to time, we may ask if you can meet back at the studio to unload.
- **Dresser:** (Moms Only) Help dancers into their costumes/headpieces. Keep dancers ready for their rehearsal. Dancers should be in costume by the start of the Act they dance in. The runners will transport the dancers to the hallway on standby 2 or 3 dances before theirs and into the wing 1 dance before. Dressers may watch their child's dance from the wing. The volume level tends to escalate very quickly with young children. Maintain quiet and calm in the dressing rooms. Absolutely no talking when in the wings. Make sure everything is put away and tidiness is maintained. Walk dancers to check out once finished. Pack up costumes and headpieces after the last performance into appropriate boxes or laundry bags. Make sure the dressing room is clean and tidy before departure. In addition, you may be asked to complete the duties of Steamer listed below.
- **Steamer:** (Moms Only) Steam costumes and complete minor repairs. Let Joan know if any major repairs are necessary. Maintain the costume repair list. Check that the correct number of hairpieces are ready and in good condition for each class/level/dance and returned to the correct spot once finished.
- **Crew:** The Spring Concert does not require a backstage volunteer crew.

VOLUNTEER INFORMATION CONTINUED

- **Runner:** (Moms Only) You will be given the performance order and list of dancers for each class/level/dance and where they will enter and exit. One runner should stay on stage right and one stage left for the duration of the performance. One additional runner per side will collect the dancers from the dressing room ahead of each piece. Dancers should be in the hallway 2 or 3 dances ahead of theirs, then moved to the wing 1 dance ahead of time and ready for their entrance. Escort dancers back to the hallway after their dance is finished and return to the dressing room with their dresser. Maintain quiet backstage. Help with fast changes, if necessary. Good organization is a must for this role.

LOBBY ROLES/DUTIES

- **Check in/out:** Sign in each child as they arrive. Distribute lanyards to volunteers and check them in. Monitor the entrance to the backstage area and make sure no one without a lanyard is permitted entry. If any child is more than 15 minutes late for their call time, refer to the contact sheet and call the parent. Report any information about missing/absent students to a Director right away. Check out students to a parent. Do not allow children to leave without a trusted adult.
- **Intermission check in/out:** Sign out children only to a parent/guardian. Have dancers keep belongings backstage. Remind, if necessary, that dancers should watch the remainder of the performance. Do not allow dancers in costumes/hairpieces to leave the backstage area.
- **Ticket Sales/Attendee Check in:** Sell at-the-door tickets. Collect money and maintain the cash box. Return the cash box to Cristiane after the performance. Keep a record of all sales on the provided form/ledger. To check in attendees, you will use the Ticket Leap App. You will be responsible for 2 devices used for ticket check in. Return these to Joan after the performance. This process avoids build up of lines and makes check in run quickly and smoothly. A first and last name is sufficient to check in guests or scan the QR code from their printed tickets (This is the most efficient method). A hard copy of the guest list/pre-purchased tickets will be provided, but Only should be used if the internet is not working and/or the app is disrupted. The hard copy is a back-up method. In addition, the use of the application helps us to better track attendees and run reports following the production. If you do not feel comfortable using the app, please do not sign up for this position.
- **Sales Table:** Set up the Sales table with provided table cloths and school information. Sell SSYB merchandise and water to guests. Collect money and maintain the cash box. Return the cash box to Cristiane following the performance. Maintain a record of all sales on the provided form/ledger. Break down sales table following the performance and return items to backstage/loading dock.
- **Usher:** Hand out programs and assist guests to their seats, where needed. Tickets are general admission and seats are not assigned. You will have a list of any reserved seating for the performance. Direct these guests to the designated seats. If any guest is using a device during the performance, discretely ask them to stop. A good method is to tap them on the shoulder or silently indicate that devices should be put away. If any guest should become disruptive, please ask them to leave. If any patrons arrive late, hold their entrance until an appropriate pause between dances and seat them towards the back. Any attendees who leave in the middle of Act One or Two should be held from returning until the pause between dances. Make sure the door to the auditorium is not slamming when someone enters or exits. Do not allow guests to use the side/backstage door. Do not allow patrons with pets other than ADA certified service animals entry to the auditorium. If any guest should have a certified pet that becomes disruptive, please courteously ask them to leave.